

**Agreement between  
and  
Host Rotary Club**

This agreement is made between Inbound Student, a Rotary Exchange Student, and the host Rotary club, Host Rotary Club.

**A. Inbound Student agrees as follows:**

1. **Timeliness.** I understand that it is important for me to be timely because other members of my family have their own schedules.
  - a. *Morning.* I agree that I will wake up early enough in the morning so that my family can get me to school on time and get the other members of my family to their appointments on time.
  - b. *After school.* I will be on time at the place near school where my host family picks me up.
  - c. *Dinner.* I will make sure that I am home on time so that my family can have dinner on time.
  - d. *Other times.* If I go out on my own or with friends, I will be back when I am supposed to be or be available to be picked up by my family at the agreed time.
  - e. *Calling when late.* Whenever it appears that I may be late for any reason, I will immediately try to contact my host family so my host family and I can figure out how to handle the situation.
  - f. *Bedtime.* I agree to go to bed on or before the curfew time set by my host family. If I need to stay up late to complete a school assignment, I will first get permission from my host family to do so.
  
2. **Appearance.** I understand that as a representative of my Rotary Club and of my country, my personal appearance is important. I agree that I will always be well groomed and will dress in a manner that is appropriate for the occasion. If my appearance ever becomes an issue, I agree that my host club's Youth Exchange Committee has the final say on whether my appearance is acceptable.
  
3. **Politeness.** As an exchange student I am a representative of my country and my city. I agree that I will do my best to be polite at all times. I will frequently use words such as "thank you" and "please."
  
4. **Studies.** I am an exchange *student*. I understand that doing well in school is an important part of being an exchange student. For this reason I will work hard on my school classes. If I have problems in a class, I will contact a teacher, fellow student, or member of my host family for help. I understand that if at any time my Host School decides that it no longer wants me to attend school, I will be sent home.
  
5. **Social Activities.** Participation in American social activities is another important part of being an exchange student. I understand that I am expected to participate in school and club activities not only for my only sake but also because my participation in these activities is one way that I can give something back to the high school that has agreed to host me. I agree that I will participate on a regular basis in at least two school activities or clubs, at least one of which will be the \_\_\_\_\_ Club.
  
6. **Use of Alcohol or Drugs; Smoking.** I understand that I am not allowed to drink, use drugs, or smoke. I understand that my school has the right to kick me out of school immediately if I do any of these things. I understand that if I do any of these things, Rotary guidelines call for me to be sent home.
  
7. **Instant Messaging and Internet Chatting.** Rotary has discovered that students who talk frequently with their family or friends in their home country generally have more difficulty with their foreign exchange experience than students who limit their contact

with home. Therefore I agree that I will spend no more than one hour per week on Instant Messaging and Internet Chatting with my friends or family in my home country.

**8. Television, Watching Movies, Video and Computer Games, Internet Usage.** I agree to follow the limits established by my host family on the amount of time that I am allowed to:

- Watch television;
- Watch movies on TV (DVD, VCR, or broadcast);
- Play video and computer games; and
- Use the Internet

I agree that I will follow my host family's guidelines on which movies I am allowed to watch. (My host family has been told that it should not let me watch movies that my natural parents would not want me to see.)

**9. Food.** Part of the exchange student experience is trying foods that are different from my normal diet. I will always try any food at least once.

**10. Following Family Rules.** I agree to follow all the rules of my host family just as if I were a member of the family. If I do not understand a rule, I agree that I will ask my host family to explain the rule. I will not argue with my host parents about whether their rules are appropriate.

**11. Keeping My Room and Home Neat.**

I agree to keep my room neat and to help my host family keep its home neat. This means that I will keep my clothes where they belong—in drawers or closets. This also means that whenever I am finished with any food or drink I will clean up the dishes and return them to their designated place in the kitchen. I will place soda cans, candy wrappers, etc. in the trash.

**12. Doing Family Chores.** I agree to do those chores that my host family assigns to me.

**13. Participation in Family Activities.** I understand that participation in activities with my host family is an important part of the exchange student experience. I agree that I will participate in these activities. I will participate in church-related activities with my host family unless participation in these activities would violate the beliefs of my own religion.

**14. Following Rotary Rules.** I agree to follow the rules that were listed in my Rotary application.

**15. Punishment for violation of this agreement is being sent home.** I understand that if I do not do the things that I have agreed to do, my punishment can (and is likely to) include being sent home.

**16. School lunches.** I understand that my host family will provide a lunch that I may take to school or it may pay the cost of buying a lunch at school.

**17. Out of town trips.** My host family or Rotarians may take me on an out of town trip. I will reach a clear understanding about the costs for which I am responsible. I will always let my Host Club know when I am going on an out of town trip and will obtain the necessary permission for any travel. I understand that written permission from the District and my Host Family is required for me to travel outside of Nebraska and Iowa.

**18. Participation in Rotary activities.** I will attend at least one meeting of my Host Rotary Club each month and will participate in additional club activities that my Host Club asks me to attend. I will participate in all District Rotary Youth Exchange activities.

**B. Host Rotary Club agrees as follows:**

As long as I do what I have agreed to do, Host Rotary Club will:

- Do its best to find appropriate host families and provide orientation to these families;
- Have a committee to help supervise my year as an exchange student;
- Provide a Rotary counselor with whom I may visit if the need arises;
- Provide general information about the Host Club and the host community and provide me with a list of persons the student may contact if help is needed;
- Provide the agreed upon monthly stipend;
- Pay for District related Rotary Exchange activities; and
- Invite me to participate in its club's activities at not charge.
- Work with the community and my Host School to ensure that I am involved in positive activities and community life.
- Help with any school issues that might arise.
- Assist me in adapting to American culture and the English language.

Dated:

\_\_\_\_\_

Exchange Student

Dated:

**Host Rotary Club**

By \_\_\_\_\_